

Post-Operative Instructions following Implant Placement

1. Continue to take antibiotic as directed until gone. If an allergic reaction would occur discontinue use and please let us know.
2. Upon awakening tomorrow, take 8mg of Dexamethasone. On the next day, take the 4mg tablet (tan packets enclosed)
3. Take 1000MG ACET/800MG IBU every 6-8 hours to control discomfort.
4. Ice on and off as much as possible for the next 48 to help reduce chances of swelling. Keep head slightly elevated above heart when resting or at bedtime as well.
5. Softer foods for the first week on the surgical site(s), nothing hard and crunchy for 6 weeks.
6. Rinse 2x per day (morning/night) with IOrinse (enclosed in goodie bag), also start warm saltwater rinses 3-4x per day tomorrow. Use toothettes to cleanse the surgical sites for the next few days than switch to post op toothbrush (enclosed)
7. Do not do strenuous activity for the next few days even if you are feeling well.
8. No smoking. Smoking increases chances of implants not integrating with bone and potential of failing.

If you have any questions or concerns, please call us.

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After Hours: 920-366-0959